

My nurse changed my life because she stood by me and was a support system that I didn't have at that time. In the beginning when I found out that I was pregnant, I thought my life was over. What am I going to do? I had all kinds of questions in my head. When I got the phone call to participate in Nurse-Family Partnership, I saw that as a bright light in a dark tunnel. These nurses come into your home; they're so much more than just a nurse because they wear many hats. They serve as a mental health counselor, teacher. Whatever goals you have as a mom, this program lets you know that your life is not over because you had a baby. You can still do everything that you ever wanted to do being a mom. I'm so blessed and happy that I've completed the program. I feel better leaving the program than I did entering it.

—Deona, Nurse-Family Partnership Mom

depending on the location and local cost of living. For example, the yearly cost per family ranges from about \$6,000 in South Carolina to \$9,600 in New York City. NFP is funded through a combination of public and private support: As of 2016, the philanthropic contributions from foundations and individual donors made up 49% of total funding. You can contribute any amount on NFP's [donation page](#).

PERSONALIZE THIS PROJECT

Locate current NFP programs and their local implementing partners by zip code on [NFP's website](#). Or visit [Healthy Families America](#), another evidence-based home visitation model with over 580 affiliated programs in 38 states, the District of Columbia, Canada, and five U.S. territories. Healthy Families America's website also has a [state by state mapping tool](#). Trust is essential in serving vulnerable families in their homes. Knowledge of the local culture allows home visitors to communicate health messages effectively. The best programs often train and employ members of the community as part of their outreach teams.

NONPROFIT MAKING AN IMPACT

Nurse-Family Partnership (NFP)

WHAT IT DOES

Operating in 42 states, the U.S. Virgin Islands, and six tribal communities, Nurse-Family Partnership matches a registered nurse with a low income woman, pregnant with her first child. Two thirds of these expectant moms are under age 24. Starting from early pregnancy through the child's second birthday, NFP provides in-home counseling about healthy practices, childcare, planning for future children, and employment. Registered nurses receive more than 60 hours of training in the NFP model, meet with supervisors on a regular basis, and come together as teams for case conferences to learn from one another.

HOW EFFECTIVE IS IT

Evidence from multiple rigorous studies over the past 40 years has consistently found substantial benefits for both mother and child. A landmark cost-benefit analysis by the RAND Corporation in 2005 found that the program returned \$5.70 for each dollar invested to help the neediest families. Based on a 2015 review of more than 40 studies, Dr. T.R. Miller of the

Pacific Institute for Research and Evaluation estimated that for an average implementation cost of \$9,403 per family, by the time a child was 18, society would receive \$60,428 of net benefits from increased tax revenues and reductions in expenses related to crime, welfare, emergency room visits, special education, Medicaid, and other social costs—a return of \$6.40 for every \$1 spent.

HOW YOU CAN HELP

Eligible families receive NFP services for free. The cost to implement the program varies



NURSE-FAMILY PARTNERSHIP